

# Prifysgol Wreccsam Wrexham University

## Module specification

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Module Code	SWK611
Module Title	Creativity and Wellbeing
Level	6
Credit value	10
Faculty	Social and Life Sciences
HECoS Code	100503
Cost Code	GASW

### Programmes in which module to be offered

Programme title	Is the module core or option for this programme?
Stand-alone module for Outside In students, aligned to BA (Hons) Social Work: Qualified Status for quality assurance and assessment process	Option – standalone (Outside In)

### Pre-requisites

Familiarity with Outside In Participation Agreement

### Breakdown of module hours

Learning and teaching hours	12 hrs
Placement tutor support	0 hrs
Supervised learning e.g., practical classes, workshops	0 hrs
Project supervision (level 6 projects and dissertation modules only)	0 hrs
<b>Total active learning and teaching hours</b>	<b>12 hrs</b>
Placement / work based learning	0 hrs
Guided independent study / negotiated hours	88 hrs
<b>Module duration (total hours)</b>	<b>100 hrs</b>

<b>For office use only</b>	
Initial approval date	16/8/23
With effect from date	01/09/23
Date and details of revision	
Version number	1

## Module aims

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The module aims to enable Outside In reps involved in Creative Practice, SWK604, to benefit from their participation by:

- Learning alongside social work students, exploring the role of creativity for personal wellbeing and social activism
- sharing creative practices with students, demonstrating the breadth of the term expertise through experience

## Module Learning Outcomes: at the end of this module, students will be able to:

1	Share wellbeing practices through presentation of skills and artefacts, for example in a practical demonstration, pamphlet, film, or exhibition
2	Contribute to discussions about the use of creative methods in social work practice, drawing on expertise through experience

## Assessment

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Indicative Assessment Task: (More information will be given in the module handbook).

Sharing creative expertise with social work students (to be negotiated with module leader).

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)
1	1, 2	Practical	Pass /Fail

## Derogations

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None

## Learning and Teaching Strategies

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At the beginning of the module, the module leader will negotiate with each learner how they will study and be assessed (see negotiated learning hours). Students will learn alongside social work students undertaking SWK604 Creative Practice. The modes of study will include lectures, practical creative workshops, demonstrations, film, artefacts, discussion, group work, tutorials, seminars.

## Indicative Syllabus Outline

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Social work as art; art as social and political activism; Creativity and social work methods such as poetry, collage, zine-making, dance; play; creativity and wellbeing; arts-based therapies; theories of self-care e.g., Compassion Focused Therapy; trauma-informed practice; uncertainty, not-knowing and risk-taking; collaborative working; working with fragmentary and subversive narratives; the creative practitioner.

## Indicative Bibliography:

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Please note the essential reads and other indicative reading are subject to annual review and update.

### Essential Read

Rosen, M. (2019), *Michael Rosen's Book of Play*. London: Wellcome Collection.

## **Coproduction skills and values**

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This standalone module is designed to support the elements of coproduction which enhance the BA (Hons) Social Work and other programmes in the School of Social and Life Sciences at Wrexham University.